



Assistance is Available 24/7...

- Mental Health America Crisis Line (Call or Text)
 - 765-742-0244
- Disaster Distress Helpline
 - 1-800-985-5990
- Crisis Text Line
 - Text MHA to 741741
- Suicide Prevention Line
 - 1-800-273-8255



MHA of NCI is here to serve you during this time.
We will be working remotely.

Reach out if you need support, or a referral.

Phone: 765-459-0309