



## Bullying Awareness, Intervention and Prevention

According to the [2018 Indiana KIDS COUNT® Data Book](#), bullying is defined as a pattern of behavior intended to cause physical or psychological harm, typically between children with unequal power. Bullying can include physical coercion, hostile teasing, emotional bullying or online harassment. In Indiana, 18.7% of high school students were bullied on school property in the past year and 15.7% were electronically bullied in the past year.

Children who are bullied tend to feel unhappy and lonely, have greater difficulty making friends, and are more likely to experience anxiety and depression. Join us for this lunch presentation that will introduce basic concepts and definitions around bullying behaviors and discuss prevention strategies. There will be a time for Q&A and group discussion around this important topic.

Attendees will learn:

- definitions of traditional, cyber, emotional and verbal bullying;
- awareness tips for identifying bully behavior;
- understand various impact of bullying such as suicide, gun violence, domestic violence, substance abuse; and
- individual, organizational and community action steps to prevent bullying.

**Speaker: Brandi Christianson, Executive Director, Mental Health America of North Central Indiana**

**Community Partners:** [Coach Kids](#), [CASA of Clinton County](#)

**Connect:** You are invited to bring your program or service information to share and to arrive early or stay after for additional networking time.

**IYI Resources on this topic:** [Safe Environments: No Bullies Allowed](#) Webinar; [“Bullying and Bullying Prevention”](#), [“Youth and Violence”](#) or [“Depression, Suicide and Self-Injury”](#) Subject Guides

**Save the Date!** Upcoming Area Youth Worker Cafés:

- 2/4 Tipton – Understanding the Impact of Trauma on Children
- 3/19 Frankfort – Internet and Social Media Safety
- 3/7 Kokomo – “In One Moment” Poverty Experience

**FREE: Lunch will be provided courtesy of IYI.**

For more information about IYI resources or about this event, contact IYI Outreach Manager [Jennifer Lombard](#).

**Wednesday, January 30**

12:00 noon – 1:30 pm

**Community Schools of Frankfort**

Community Room

[2400 E Wabash St.](#)  
[Frankfort, IN 46041](#)

*\*The Community Room is the first door on the left as you enter the building.*

**RSVP at [Clinton County YWC](#).**

If you have trouble with this link go to [www.iyi.org/ywc](#) or contact [Debbie Jones](#).

*\*Note: If Community Schools of Frankfort are closed due to weather this event will be canceled and rescheduled at a later date.*

