



Just like CPR teaches you how to help someone having a heart attack, Mental Health First Aid teaches you how to help someone experiencing a mental health or substance use crisis. You learn risk factors and warning signs for mental illness and addiction concerns, strategies for how to help someone in both crisis and non-crisis situations and where to turn for help.

MENTAL HEALTH FIRST AID

When: April 25, 2020

Where: Inventrek Building

700 E. Firmin St., Conference Room 2-A

Kokomo, IN 46902

Time: 9 AM to 5 PM

Registration is Required.

\$20/ Attendee - Lunch provided

Register Online: <https://www.mhanci.org/news-events/our-events/event-calendar.html/calendar/2020/4>

Or Call: Mental Health America - 765-459-0309



UAW LOCAL 685